

22 August 2019

Dear EY2 parents,

Please be informed that as of today we have received 2 confirmed cases of influenza A. 1 case was diagnosed yesterday and we received the update this morning and later today 1 more case has just been confirmed. We have been observing the student attendance and pattern of sickness since the beginning of this week. We would like to address this case and that if your child feels unwell with fever-like symptom, please seek proper advice from the professional health care. To determine whether your child is diagnosed with influenza A, the doctor will need to perform an influenza test. This is a process where the doctor will swipe inside the nose or throat with a swab and then send the swab for testing. The result will take around 30 minutes. Should your child develop the below signs, please keep them home to minimize further spread and seek further advice from your local physician. If your child contracted influenza, they are likely to show at least one of the following signs:

- Fever or feeling feverish/chills. Fever is usually low during the day and high during the evening.
- Cough.
- Sore throat.
- Runny or stuffy nose.
- Muscle or body aches.
- Headaches.
- Fatigue (tiredness)
- Some children may vomit and have diarrhea.

We do not recommend parents to give fever relief medication and send their children to school. The medicine will only have the fever under control for a few hours before it starts rising again and by sending your child to school will put the rest of the students at risk of infection. Influenza A is contagious and any student who is diagnosed with influenza A will be required to stay home for at least 5-7 days or until the dose of the prescribed medication has finished. Today, our school nurse has conducted classroom screening for students who may show signs of flu-like symptoms. Our cleaning staff will perform additional cleaning in the classroom throughout this week. Please kindly note that our campus policy will deny anyone who has a temperature of above 37.5 C to stay in campus. If the school nurse has contacted you that your child has a fever, please collect your child as soon as you can. For more information about influenza A worldwide please visit the websites below. In addition, parents can view the latest update on the no. of students infected with influenza A via the [SEA Blog](#)

Through these routines and through maintaining open lines of communication, we hope to minimize the number of infections and keep KIS a safe and healthy campus for the entire community.

Sincerely,

Punnapitch Toongkasereeruk (Ma-Meaw)
Student Services and Events Manager

Referencing websites:

Influenza: Centre of Disease Control website <https://www.cdc.gov/flu/>, <https://www.cdc.gov/flu/season/flu-season-2018-2019.htm> (English), <http://www.doctor.or.th/article/detail/7878> (Thai)

Flu vaccine (2019 southern strain): WHO website

https://www.who.int/influenza/vaccines/virus/recommendations/2019_20_north/en/