

January 14, 2019

Dear parents,

Please be informed that as of today, we have 3 confirmed cases of influenza A in Grade 6 and 1 confirmed case of influenza B in G4.

All families can see the total number of influenza cases by visiting the SEA blog > Health Update at <https://klearning.ict.kis.ac.th/kblog/sea/health-updates/infectious-diseases-update/> to view the daily absences due to influenza.

In response to the student sickness, we would like to remind parents of sick student protocol. A child who is sick will not be able to perform well in school and is likely to spread the illness to other children and staff. We suggest making a plan for childcare ahead of time so you will not be caught without a comforting place for your child to stay if he/she is ill. You should not send your child to school if he/she has:

- Fever in the past 20 hours, meaning that if by lunchtime the fever is gone, they are okay to go back the next day.
- Vomiting or diarrhea is the same which is for the past 20 hours, although it's worth checking with your doctor for advice. Some viruses, such as norovirus, can be contagious for an extra day or so.
- Chills
- Sore throat
- Strep Throat (must have been taking an antibiotic for at least 24 hours before returning to school)
- Bad cold, with a very runny nose or bad cough, especially if it has kept the child awake at night
- Coughing that won't stop or anything different about your child's breathing. A really bad cough not only makes it hard for a child to learn or play, you are advised to visit the doctor, should the breathing sounds or looks different from usual.

If your child is sick and will not come to school, please inform your child's teacher and also the school administration at 02-274-3444 ext. 1106, 1101 (primary office) and ext. 4116 (secondary office) or email kishealth@kis.ac.th Your child must be free from fever for at least 20 hours without Tylenol or other fever reducing medications before returning to school. A doctor's note must accompany the absence of more than 2 school days.

If your child is diagnosed with the infectious diseases such as the influenza, parents are responsible for informing the school so that proper control and measures can be applied. Your child will be asked to stay home on an average of 5-10 days depending on the recovery period recommended by WHO.

We do not recommend parents give fever relief medication and send their children to school. The medicine will only have the fever under control for a few hours before it starts rising again and by sending your child to school will put the rest of the students at risk of infection.

The school will also continue with the following steps to prevent and minimize the spread of infection.

- Do temperature screenings with students in the morning and throughout the day.
- Reinforce frequent hand washing.
- Remind students how to cough/sneeze appropriately and how to blow their nose.
- Send all students who have fevers or flu-like symptoms home.
- Apply deep cleaning method using hospital grade disinfectant in the affected classrooms, shared spaces, and in common areas.
- Further protocol will be reviewed and adopted as appropriate.

An annual seasonal flu vaccine is recommended to children as young as 6 months and is viewed as one of the best ways to reduce the chances that your child will contract seasonal flu and therefore lessen the chance that they will spread it to others. Please consult your local health care provider for information about receiving the flu vaccine.

Through these routines and through maintaining open lines of communication, we hope to minimize the number of infections and keep KIS a safe and healthy campus for the entire community.

Sincerely,



Manasinee Kovitgoolkri
SEA Director

Reference Communication:

[KIS Health Blog](#)

Referencing Websites:

Influenza: Centre of Disease Control website <https://www.cdc.gov/flu/keyfacts.htm> (English),

<http://www.doctor.or.th/article/detail/7878> (Thai)

Flu vaccine (2018 southern strain): WHO website

http://www.who.int/influenza/vaccines/virus/recommendations/2018_south/en/