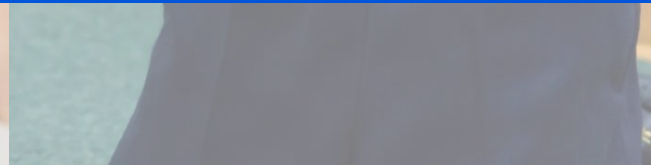




PYP Forum

November 15th 2019



Common infectious childhood diseases

Before we start... Thank you for your continued and much appreciated support...

- Chickenpox
- Hand, foot and mouth disease
- Influenza
- Head lice



Children are more vulnerable and catch infectious diseases because they are experiencing their first contact with large groups of people in a school setting and do not as yet have the antibodies or defense system in their bodies to fight them off. They are also not quite as versed in healthy habits as they will be when they are older..

Infectious diseases....

Infectious diseases have different ways of spreading from person to person. They can be spread in three main ways: through the air, through direct contact between people, and/ or contaminated objects or surfaces.

Through the air

- Droplets containing small particles of a disease, such as measles, chickenpox and influenza (the flu), can be present in the air when an infected person coughs or sneezes

Through contact with contaminated surfaces or objects

- Touching a surface or object that has been contaminated by an infected person's disease particles and not washing your hands, increases the risk of giving yourself or others the disease. Examples of infectious diseases include influenza (particles of virus from a sneeze)

Through direct contact

- Touching an infected animal, person or their bodily fluids and not washing your hands, increases your risk of giving yourself and others the infection. Possible bodily fluids are saliva, blood, sweat, urine (wee) or faeces (poo).

Most common.....

Condition	Spread by	Early Symptoms	Exposure /illness	Time away from school
Chickenpox	Coughing, sneezing and contact with weeping blisters.	Fever and spots with a blister on top of each spot.	10–21 days after being exposed.	1 week from appearance of rash, or until all blisters have dried.
Hand, foot and mouth disease	Coughing, sneezing, contact with blisters and poor hand washing.	Fever, flu-like symptoms – rash on soles and palms and in the mouth.	3-5 days	Exclude until blisters have dried.
Head Lice	Direct contact with an infested person's hair.	Itchy scalp, especially behind ears. Occasionally scalp infections that require treatment may develop.	Instantaneous	Treatment recommended to kill eggs and lice.
Influenza and Influenza-like illness (ILI)	Coughing and sneezing. Direct contact with infected person.	Sudden onset of fever with cough, sore throat, muscular aches and a headache.	1–4 days (average about 2 days)	Until well. BMA 7 days Healthed.gvtnz

Influenza

- Spread by droplet infection/some surface contact
- Virus can live for 24 hours on a surface
- 1-2 days from contact to onset
- Infectious for approximately 7 days 1-2 days before symptoms appear to 5-7 days after starting to feel sick.

How to prevent the spread of flu



Get your
flu shot,
anytime



Wash
hands
properly



Cough
into your
elbow

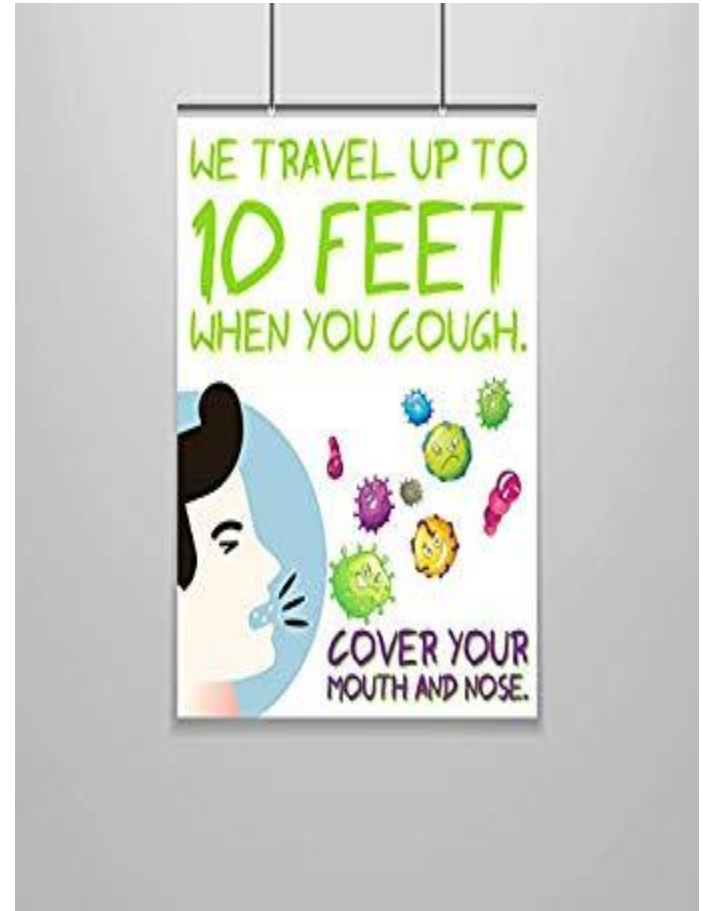


Stay
home if
you're sick



Protocol.....

- Promote healthy practices
- Keep vigilant watch after 1 reported case refer to policies/handbook
- Send information to the class with 2-3 cases in a class
- Check students – screening
- Send students home if symptoms begin to show
- 2+ cases in a class consult/inform the BMA and International SOS



Behind the scenes...

- Increase surface cleaning/deep cleaning as needed
- Work with cleaning company to “fog” sterilize learning environments (classrooms + common areas such as canteen, specialist classrooms, changing rooms, gym etc.)
- Look for patterns in infection – length of time, number of outbreaks, cross contamination, increase screening, regularly consult with BMA
- Follow up unconfirmed absences



What can you do to help..

- Support healthy habits (hand washing, coughing and sneezing etiquette)
- If your child is under the weather keep them home
- Visit the Doctor let us know as soon as you have a diagnosis – either way
- Minimize social interactions
- Collect your child from school if called
- Keep them home until they are well/monitor siblings
- Get your family vaccinated
- Communicate with us.....
- Don't panic!!

Q and As



we need to get the message across to the public that there is no need to panic."

Other business

- Access to planning and weekly information
- 19-20 POI posted on the blog/handbook
- Sign up for the blog – notifications
- Concert date Friday December 13 – EY1-G2
- Strategic plan update
- Parent teacher communication policy review
- Holiday tree giving/G4 imitative
- Upcoming workshops and coffee meetings
- 1) All about the PYP, 2) QLBs, 3) Social media

Dates to remember

- Lockdown drill Monday Nov. 18th
- Forum: All about the PYP Friday December 6th
- Report Cards
- Holiday concert Friday December 13th
- KISPA Fair Friday December 13th
- Calendar available shortly

