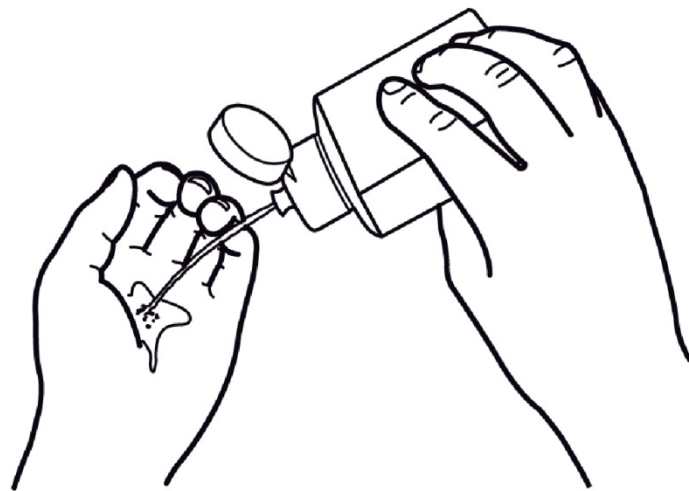


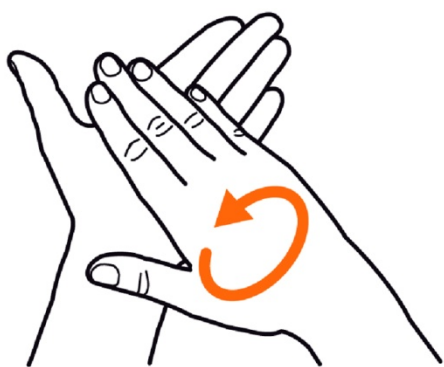
# Using a hand sanitiser helps prevent germs from spreading.

**Rub hands for hand hygiene!  
Wash hands when visibly soiled.**

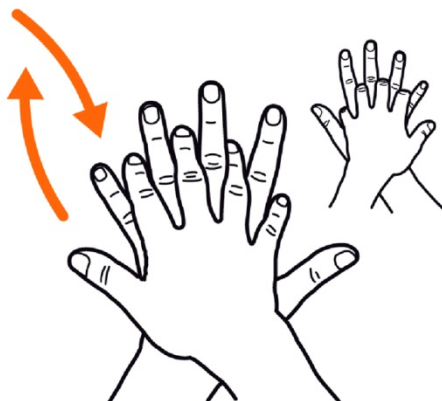
Duration of the entire procedure is **20-30 seconds.**



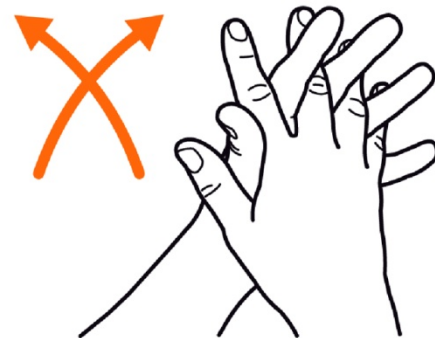
- 1** Apply a generous amount of the product in a cupped hand, covering all surfaces



- 2** Rub hands palm to palm



- 3** Right palm over left dorsum with interlaced fingers and vice versa



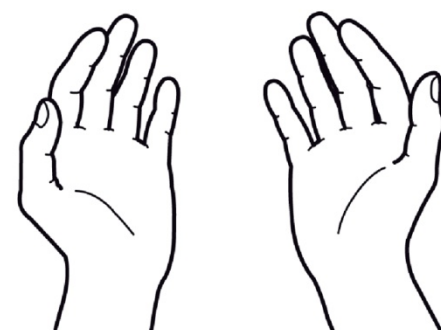
- 4** Palm to palm with fingers interlaced



- 5** Backs of fingers to opposing palms with fingers interlocked



- 6** Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa



- 7** Once dry, your hands are safe

This poster has been developed for educational purposes only and is correct at the time of publication. It is not a substitute for professional medical advice. Should you have any questions or concerns about any topic in the poster, please consult your medical professional.

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Hand Sanitiser Steps Poster v2 - ENGLISH

Images sourced from 'How to Handrub?' poster, World Health Organization 2009.